



» IMPORTANT INFORMATION

**REGISTER YOUR CARS,
 ATTACH THE PARKING STICKERS**

The Summer House Board of Directors is working with Absolute Island Management to help make Summer House parking as fair as possible to all that call our wonderful community home.

This new procedure will allow for all residents to have an equal opportunity to park in front of the building in which they call home. With the new parking procedures put in place, it allows for two cars per household to have a permit and park in front of the building in which you live. All others, including guest and extra vehicles will need to park in the designated visitor parking throughout the property.

Starting July 15, 2016 anyone parking in front of a building must have a parking permit on his or her vehicle. This permit should be placed on the back seat, drivers' side window of the vehicle. If you do not have a back seat window or your back seat window is too dark to properly display the permit, please place the permit on your drivers seat window.

If you need additional information please stop by the management office or log in to the owners website: www.summerhousehiltonhead.com

» A FRIENDLY REMINDER

**A FRIENDLY
 REMINDER TO ALL
 RESIDENTS**

The speed limit inside of the parking lot is **13 MPH**.

Pet owners should always **clean up after their animals**, when taken out for walks.

For the safety of everyone, below we have listed emergency contacts. Please keep this list where you can find it. Thank you!

Emergencies – Always call **911** first for a medical emergency, to report a fire or illegal activity.

Absolute Island Management is the managing agent for the community.
843-681-2877
Monday -Friday 9:00am to 5:00pm

After hours answering service
 Call for a water leak, rule infractions at the pool after hours or if gate is not opening - **843-805-3198**

Coastal Security Investigative Services – Call to report suspicious activity and after hours noise complaints - **843-247-0788**

Police department **non emergency** number –**843-524-2777**



>> PET POLICY



REGISTER YOUR SUMMER HOUSE PETS

The Summer House Board of Directors has asked that all owners and tenants please register any and all pets with the management office.

In order to register your pets, please stop by the office or email the property manager at Jamie@absoluteisland.com in order to receive the pet registration instructions and registration form.

>> WHAT'S NEW?

A NEW FACE TO SUMMER HOUSE

Summer House has added new sod through out the development to ensure that our community continues to be first rate.

It is the responsibility of all residents to ensure that the sod continues to look beautiful for many years to come. In order to maintain our current beauty, please make sure that you are not allowing your pets to use the restroom in these areas and that we keep walking on the grass to a minimum.

We hope that everyone enjoys our fresh, updated look!

>> HURRICANE SEASON ☪

ARE YOU PREPARED?

Follow these three steps and be more prepared:

- 1. Get Insurance:** Purchase an HO6 policy or renters insurance that offers coverage for fire or flooding events to protect your personal belongings. Video tape your belongings or keep an inventory checklist that includes serial numbers that can be provided to the insurance company.
- 2. Assemble an Emergency Supply Kit:** This might include a battery-powered radio, flashlight, water, nonperishable foods, medications, signal flares, clothes and a back up battery charger for your phone that doesn't rely on electricity.
- 3. Have an emergency plan:** Identify evacuation routes and the best shelter locations in and around your home. Everyone in your home should know where the emergency supply kit is kept. Get to know your neighbors so you can look out for one another in case of an emergency.

>> TIPS

3 TIPS FOR HAVING A FUN AND HEALTHY SUMMER

Now that the weather is warming up, long weekends are a pleasure and school's out; we think it is safe to say that summer is officially here! The nicer weather and extra time off should make for a more conducive environment for you to stay happy and healthy. However, we often develop some serious bad habits during the summer months that can last for the entire year. Think late nights and of course the consumption of an insane amount of ice cream and other sugary treats.

Here are a few quick tips that will keep you happy and healthy this summer!

• **GET EXCITED ABOUT EXERCISE.** According to both the Canadian and American Physical Activity Guidelines, for health



benefits children and adults should have at least 30 to 60 minutes of moderate to vigorous physical activity everyday. This can include activities such as biking riding, swimming, and even hanging out on the tennis court. Some of our personal favorites include taking a swim, riding your bike and rollerblading in the park.

• **DRINK UP.** Although we are sure you would love to gulp down a sugary beverage, make sure to keep hydrated with water instead. Why water? Well compared to the 39g of sugar in a can of Coke or the 8g in a serving of Minute Maid Lemonade, this is by far the healthiest option.

• **GOOD EATS.** We find that during the sizzling summer months our families are always

on the go. Whether we are hitting the beach, or spending the afternoon at the park, we don't often have 24/7 access to our fridge. In order to reduce the temptation of becoming a regular at your local greasy burger joint, why not prepare some healthy snacks at the beginning of every week. Cut up and pre packaged some fruit, veggies, cheese, or crackers to have as easy grab-and-go snacks at all times. Perks: you will save money and avoid the dreaded aftermath of a sugar high.

With all of that being said, summer is still about having fun. After all, rules are meant to be broken (but only if it for good reason). If you want an ice cream cone once in awhile after dinner have it! Just make sure it doesn't become a daily occurrence.

We hope that you have a safe and happy summer!

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BOARD OF DIRECTORS

- President** - Richard Schulman
- Vice President** - David Benedict
- Treasurer** - Jim Kroll
- Secretary** - Fred Fiumara
- Member At Large** - Greg Roberts
- Management Agency** - Absolute Island Management
- Association Director** - Jamie Bastian
- Property Sales and Support** - Kevin Quat
- Office Manager** - Kelly McPheters
- Administrative Assistant** - Danielle Sto Domingo
- Leasing Professional** - Joshua Quesada
- Maintenance Supervisor:** Less Hornbeck
- Grounds Specialist** - Mark Blackburn
- Board of Directors Contact:**
summerhouseboard@absoluteisland.com
380 Marshland Road
Hilton Head, SC 29926



>> LETS EAT OUT, TWICE



By Nancy Schulman

Hola! A very popular type of food in the United States is Mexican. As you can see there are many Mexican restaurants in our area from fast food to full service. For this edition I thought I'd write about two sit down venues that are very different: both are "fun" places with good food, reasonable prices, and atmosphere to spare.

We first went to **Holy Tequila** in Park Plaza shortly after it opened in the fall of 2014 and quickly added it to our list of "go to" places. The owners wisely stuck to popular Mexican choices which they call street fare: tacos, quesadillas, burritos with a few salads and traditional starters like quacamole, chile and nachos thrown in. The only negative is that salsa is considered an appetizer and must be ordered. The quesadillas [there are several varieties] are big and can be shared. In fact, half the fun here is sharing and trying new things. Their 3 taco trio offers a little bit of everything, fish, chicken, beef. I've been working my way down the taco menu and am still undecided which of the 15 kinds is my favorite. I'm leaning towards the grilled shrimp or the roasted veggie as I write this. Two of the appetizers, the ceviche and the street corn, are not the usual Mexican fare but are nice choices that should definitely be given a try. They offer 50 different kinds of tequila and Mexican beer besides standard bar items. We took the whole family on their last visit and my grandchildren, huge taco fans, loved it. They accept reservations which is a plus in tourist season in such a crowded location.

For a more traditional Mexican restaurant with an extensive menu we head to **Mi Tierra**. It's a perennial favorite we've been going to for years. They never advertise and may be slightly off the radar but they consistently deliver on food, atmosphere and value. Originally, off the beaten path in Fairfield Square they moved two years ago to a larger building on Arrow Road [just around the bend from the junction of Arrow and Target] They, too, accept reservations. One word of caution, the portions are BIG so unless you are going with a crowd you

cannot possibly eat everything, so beware of over-ordering. I suggest **1)** ordering several appetizers instead of an entrée or **2)** skip the appetizers and go straight to the entrée.

As soon as you sit down a bowl of chips and salsa is brought to your table with unlimited refills. The nachos and quesadilla are a meal by themselves especially if you add chicken or beef. The fiesta platter offers a little of everything: cheese quesadilla, nachos, beef taquito, chicken flauta and comes with quacamole, sour cream and pico de gallo; a meal in itself. The chicken tortilla soup is tasty and filling, and the salads are great for lunch or dinner for those wanting a lighter meal. The menu has all the traditional combination plates, all served with black beans and rice. Hubby is a huge fan of chile relleno and their house special seafood chile relleno is a favorite. On our last visit we both chose a special: he ordered the seafood Veracruzana which was an assortment of filet, scallops, and shrimps in a tomato, onion, caper, black olive sauce with rice and beans. I had arroz con camarones which could easily have been shared. The shrimps were sauteed in garlic butter served over rice mixed with vegetables. This was then lightly topped with cheese.

I am also a soft taco fan and like the fish or shrimp tacos. They have the crispy shell variety too. One of my favorites is the chimi del Mar – a huge chimichanga filled with snow crab and shrimp. We've had the fajitas [all good, just select the kind]. The most difficult part of going to Mi Tierra is deciding what to order with so many good choices. I cannot tell you anything about their desserts as we've never had any. After the meal we're too full to order anything else.

I almost forgot....the drink menu is extensive too: specialty margaritas, frozen drinks, Mexican versions of popular cocktails, beers, tequilas. I'd order a margarita or Mexican beer, peruse the menu, then sit back and enjoy.

ONE OF MY FAVORITES AT MI TIERRA IS THE CHIMI DEL MAR – A HUGE CHIMICHANGA FILLED WITH SNOW CRAB AND SHRIMP.